PROFESSIONAL SUMMARY

I am a Psychologist at Detwiler Psychology APC in Palm Springs CA and at Borrego Health Stonewall Medical Center, an FQHC catering to the LGBTQ Community in Cathedral City and surrounding areas of the Coachella Valley. I have over five years of experience working with and supporting the desert community by providing individual, couples, group therapy, clinical consultation and psychological assessments for gender diverse clients seeking gender confirming surgery. I work with client's struggling with dual mental health and substance abuse diagnoses and I have completed training and supervision in EMDR and Brain Spotting for complex trauma.

PROFESSIONAL EXPERIENCE

Borrego Health Stonewall Medical Center, Cathedral City, Ca

Clinical Psychologist

- Provide gender informed therapeutic interventions for LGBTQ population including evaluations to proceed with gender confirming surgery and hormone therapy.
- Identify and develop programs targeting specific needs in community such as I-Care program for HIV+ men seeking support to overcome methamphetamine addiction.
- Ensure clinical notes, assessments, reports and documentation up to date for up to 14 clients per day.

Detwiler Psychology APC, Palm Springs, Ca

President and CEO, Outpatient Clinical Practice

- Private practice offering a mindfulness based approach to wellness and mental health.
- Providing Individual, couples and family therapy.
- Specializing in trauma informed interventions such as EMDR for PTSD.

Diego Palms Recovery, Encinitas, CA

Clinical Director, Intensive Outpatient Program (IOP)

- Provide clinical leadership and policy direction for Intensive outpatient treatment program targeting non-opiate approach to pain management and addiction recovery.
- Establish and maintain high standard of medical and clinical practice throughout the facility.
- Provide administrative and professional supervision to all staff.

Citrus Health Network, Hialeah, FL

Licensed Clinical Psychologist, Foster Care Plus

- Work with the acutely problematic or high profile clients in the Specialized Therapeutic Foster-Care (STFC).
- Maintain detailed documentation of services provided and progress in the achievement of treatment goals and objectives.
- Provide collateral information, treatment summaries, testimony etc. to courts or case management agencies as needed.

Citrus Health Network, Pembroke Pines, FL

APA Approved Psychological Residency, Citrus Health Network CATS unit

- Administrated a Statewide Inpatient Psychiatric Program (SIPP), a lock-down treatment center for adolescents with behavioral, mood and substance abuse disorders.
- Managed the collaboration of external agencies with a multidisciplinary team made of psychiatrists, caseworkers, nurses, post-doctoral residents and quality improvement personnel.
- Provided individual therapy, group psychotherapy, crisis intervention, family therapy and psycho-educational programming to clients from diverse cultural, ethnic and socio-economic backgrounds.

Cox Customer Care, San Diego, CA

EAP & Wellness Coordinator / Professional Development Coach

- Provided results-driven behavior-based coaching to employees and management.
- Implemented the Career Resource Center to support the talent management of over 2000 employees.
- Provided organizational consultation as it applies to issues of management, teambuilding, conflict resolution, effective communication, and cultural diversity.

April- July 2016

2008-2012

2007-2008

2005-2007

Mobile: (619) 636-9444

October 2017- Current

October 2016- Current

New Vista's Crisis Center, San Diego, CA

Psychosocial Rehabilitation Specialist

- Provided psychosocial rehabilitation counseling to clients and/or members of clients' families.
- Developed service plans that are measurable, observable and complete according to time lines.
- Provided assessment and psychological testing (MMPI-II, Rorschach) of new and returning clients.

M.I.L. School of Language, Chiba, Japan

Teacher/Consultant

- Responsible for curriculum design and implementation of English lessons for Japanese children and adults.
- Managed Language Camp including curriculum development, learning objectives and camp execution for children ages two to six.
- Assisted in teacher recruitment, employee satisfaction, problem solving/intervention strategies.

PROFESSIONAL LICENSES

Current: Clinical Psychologist PSY 28289 State of California Department of Consumer Affairs, Board of Psychology Inactive: Clinical Psychologist PY 7954 State of Florida Department of Health

HONORS

Dissertation of the Year 2007 California School of Professional Psychology

"Does One Size Fit All? Exploring the Variance in Interpretation of the American Psychological Association's 2002 Code of Ethics"

EDUCATION

Dual Ph.D. in Clinical/Industrial Organizational Psychology, California School of Professional Psychology (CSPP) August 2007.
M.S. in Psychology, California School of Professional Psychology (CSPP) May 2003.
B.A. in Psychology, University of California Santa Barbara May 2001.

GRADUATE TEACHING ASSISTANT EXPERIENCE

- Cultural Diversity in Organizations (spring '05, Fall '04)
- Advanced Statistics I & II (spring '04, Spring '03, Fall '02)
- Social Psychology & Research Design (summer '03)

PROFESSIONAL AFFILIATIONS

- World Professional Association for Transgender Health WPATH
- American Psychological Association APA

2001-2001

2003-2007